

Food Sustainability in America

What goes into 40,000 lbs. of corn,
cows, and candy?

26,550 Ears of Corn (40,000 lbs)

- How much land does it take to grow 26,550 ears of corn?
- What goes into the process of growing the corn?
- What goes into getting the product to your table?



100 Cows (40,000 lbs)

- How much land does it take to properly care for 100 cows?
- What goes into the process of making your steak?
- What goes into getting these products to your table?



18 million Snickers Bars (40,000 lbs)

- What ingredients go into a Snickers Bar?
- How much land does it take to produce the materials necessary for a Snickers?
- What goes into the process of making your Snickers?
- What goes into getting these products to your table?



Snickers Ingredients



INGREDIENTS

MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, LACTOSE, SKIM MILK, MILKFAT, SOY LECITHIN, ARTIFICIAL FLAVOR), PEANUTS, CORN SYRUP, SUGAR, SKIM MILK, BUTTER, MILKFAT, PARTIALLY HYDROGENATED SOYBEAN OIL, LACTOSE, SALT, EGG WHITES, ARTIFICIAL FLAVOR.

NUTRITION

NET WT 2.07 OZ (58.7 g)
Serving Size 1 package

Calories 280
Calories from Fat 130

Amount/serving	%DV*
Total Fat 14 g	22%
Sat. Fat 5 g	25%
Cholest. 5 mg	2%
Sodium 140 mg	6%
Total Carb. 35 g	12%
Dietary Fiber 1 g	4%
Sugars 30 g	
Protein 4 g	

Vitamin A 0% · Vitamin C 0% · Calcium 4% · Iron 2%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

U.S. Consumption of Resources

- Americans represent less than 5% of the world's population, but we consume...
 - 25% of the world's fossil fuels
 - 25% coal, 25% oil, 27% natural gas
 - More cars than drivers, 38% larger houses than 1975
 - Burn 31, 350 gallons of gasoline
 - 159 gallons of water daily per person
 - World average is 25 gallons
 - 815 billion calories daily
 - 200 billion more than necessary

U.S. Consumption of Resources

- Americans produce...
 - 80% of our corn and 95% of our oats are grown for feed for our livestock
 - 52 tons of garbage per person by age 75 (104,000 lbs)

